

FACT SHEET ON AGITATION

1.

Agitation is common in middle or end-stage dementia.

2.

Agitation includes yelling, pacing, or aggressive behavior.

3.

Sundowning is agitation that occurs in the afternoon or early evening.

4.

Agitation is caused by pain, hunger, thirst, fear, boredom, or need to toilet.

5.

Agitation can lead to aggression.

6.

Find the cause of agitation and treat the cause.

7.

Psychotropic medications treat symptoms but not the cause.

8.

Agitation requires a careful evaluation to identify underlying causes.

*For more information or inquiries, call the Dementia Education & Training Program
at 1-800-457-5679*